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CHIROPRACTIC | NATROPATHIC | MASSAGE THERAPY

AUTO ACCIDENT INJURIES

Did you know that over 50% of chronic neck pain and headaches can be attributed to whiplash injuries from motor vehicle crashes? When it comes to car crash injuries, time is of the essence! Within days scar tissue can begin to form and compensatory mechanisms in the muscles begin to take hold right away as the body “splints” and guards the damaged tissues. This is why, no matter how mild you may think your injuries are, it is imperative you get checked immediately so as to avoid potentially chronic issues in the long run that can stay with you for years to come. We can also teach you safe driving techniques and how to brace for impact so that you can avoid these injuries in the future.



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