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CHIROPRACTIC | NATUROPATHIC | MASSAGE THERAPY

HEADACHES

Headaches can come from multiple origins. Tight muscles in the neck, poor posture, jaw tension, and even the feet can be possible causes. Foods in the diet, low Vitamin D or B levels and hormone imbalances could be potential systemic causes as well. If you are suffering from this debilitating condition, chiropractic, naturopathic and massage can all be very beneficial. Schedule an appointment today so that we can assess you physically, as well as systemically using blood draws and labs, so that we can help you live headache free!

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